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## Howard County Local Health Improvement Coalition

Healthy Weight Workgroup  
March 23, 2017 8:30-10:00 a.m.  
HCHD in Barton A

### Meeting Agenda

*Meeting will start promptly at 8:30 a.m.*

**Goal:** Address SHIP measures related to Healthy Weight through evidence-based best practices and progress toward successful implementation of the identified FY 17 action items.

- I. 8:30 – 8:35 Welcome & Introductions
- II. 8:35 – 8:50 Approval of Minutes and Announcements
  - Recap and Approval of February 16, 2017 meeting minutes (5 minutes)
  - Member Sharing of current items/activities from their organizations (up to 10 minutes)
- III. 8:50 – 9:00 Old Business (10 minutes): Review and feedback on FY 17 Action items:
  - Physical Activity Action Group Updates (5 minutes)
    - Fit Family Night Volunteers needed for March 29 (2), April 25 (2) and April 26 (1)
  - Nutrition -
    - Volunteers needed to assist with marketing research into businesses/building management in surrounding areas
- IV. 9:00 – 9:30 Guest Presentation by Stacie Fritz from Fit2Order
- V. 9:30 – 9:55 New Business:
  - Legislative Update at Full HCLHIC Meeting
  - Date Change for September Full HCLHIC
  - Horizon Foundation local updates
- VI. 9:55 – 10:10 Next Steps for full work group and full work group meeting wrap-up

VII. 10:10 – 10:30 Break Out Action Groups

- Nutrition Group
  - Provide updates on Farmer’s Market initiative marketing meeting.
  - Identify organizations that will provide incentive/giveaways for the Farmers Market kickoff event.
  - Provide update on what has been learned about ability/requirements for food demonstrations at the Farmers Market kickoff event.
- Physical Activity Group
  - Discuss FFN evaluations
  - Bike to School Initiative

**Future Meeting Dates:**

**Work Group**

May 25, 2017                      8:30-10:00 a.m. in Barton A

**FULL LHIC**

April 27, 2017                      8:30-10:30 a.m.

June 22, 2017                      8:30-10:30 a.m.

September 28, 2017              8:30-10:30 a.m. \*Note this is a revised date

**Inclement Weather Policy:**

In the event of inclement weather please note that the HCLHIC will not meet if the Howard County Government and/or the State of Maryland Government are closed.

In the event that the Howard County Government and/or the State of Maryland Government have a delayed opening, meetings scheduled to begin prior to 10:00 a.m. will be cancelled. Meetings that were scheduled to begin after 10:00 a.m. will be held as scheduled.